

# EVENT RECAP

## EVENT DETAILS

# *Demystifying Gastro Health*



**March 27, 2023**  
Webinar



**50 Attendees**  
Virtual



**Sonia Kupfer, MD**  
UChicago Medicine

## EVENT SUMMARY

In this inaugural webinar, Dr. Kupfer discussed how the gastrointestinal tract works and what happens when things go wrong.

Highlights of the webinar included addressing common myths about gastrointestinal health, and answering questions about irritable bowel syndrome, colorectal cancer (CRC) prevention, and at-home CRC screening tests.



## Testimonial

“It was an honor to be the first speaker for the GH Foundation on demystifying gastrointestinal health and disease. The audience was very engaged and asked excellent questions. Education on topics that are often viewed as taboo is so important in order to help people who are suffering in silence.”

Sonia Kupfer, MD