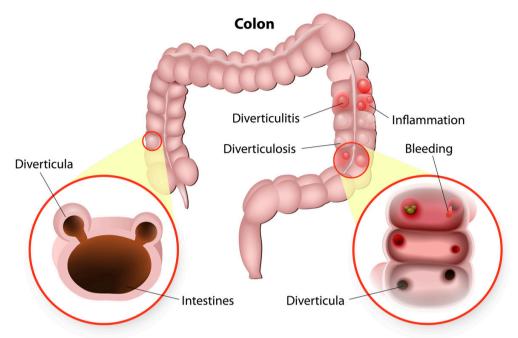






# DIVERTICULAR DISEASE



Abnormal pouches (diverticula) in the muscular wall of your large intestine (colon) that form in weakened areas of the bowel.

Usually occur in the sigmoid colon (high-pressure area of the lower large intestine)

Diverticulosis can sometimes develop or progress into diverticulitis.

## **DIVERTICULOSIS**

vs

### **DIVERTICULITIS**

Diverticulosis is the **formation** of abnormal pouches in the the bowel wall.

Diverticulitis is the **inflammation** of the abnormal pouches.

#### **Diagnosis**

Since diverticulosis is often asymptomatic (without symptoms), it tends to be discovered during examinations for other conditions such as colorectal cancer.

Diverticulitis is usually diagnosed during an acute attack.

### **Symptoms**

Usually asymptomatic, but when many diverticula (pouches) are present, the bowel can be affected: Abdominal Pain I Bloating I Constipation I Diarrhea I Flatulence I Anemia I Blood in stool

Constipation I Sharp pain I Fever I Bloating I Nausea and vomiting I Can lead to bleeding and obstruction

#### **Treatment**

There is no proven way to prevent the formation of new diverticula. Treatment revolves around the settling of symptoms, if they emerge. Change of diet I Antibiotics I Surgery (rarely)