

# EVENT RECAP

## EVENT DETAILS

# I'M NOT SH\*TTIN YOU



**October 24, 2023**  
Book Club



**12 Attendees**  
Virtual



**Author:**  
Teresa Davis-Mills

## EVENT SUMMARY

Teresa, diagnosed with stage IIb colorectal cancer (CRC) at the age of 55, calls for a radical change in colorectal cancer prevention and treatment. She uses her voice to advocate for CRC screening and asks everyone to acknowledge their own behavior in deprioritizing preventative health.

Her impactful story highlights the urgent need to approach CRC prevention in a new way. Her humor and heart engaged attendees, allowing for open and honest conversations on all things related to CRC.



## Testimonial

"I've learned people feel at ease knowing I'm human, made mistakes, learned lessons as most of us do-it's relatable. We all make mistakes - and it's never too late even if they've avoided or delayed a colonoscopy."

Teresa Davis-Mills