



GASTROINTESTINAL DISORDERS

Irritable Bowel Syndrome (IBS)

Inflammatory Bowel Disease (IBD)

IBS is a chronic **syndrome** made up of a group of symptoms.



IBD refers to **inflammation** or chronic swelling of the intestines.

- Crohn's disease
- Ulcerative colitis (UC)



Symptoms:

- Gas
- Bloating
- Trouble sleeping
- Constipation

Both are digestive conditions affecting esophagus, stomach and intestines and share the following symptoms:



- Abdominal pain
- Diarrhea
- Cramping
- Fatigue



Symptoms:

- Fever
- Blood in the stool
- Anemia
- Weight loss

Does not cause inflammation, rarely requires hospitalization/surgery

Can cause destructive inflammation and permanent harm to the intestines

No visible signs of disease or abnormality during an exam of the colon

Inflammation visible during examination

- Blood and stool tests
- Diagnostic imaging (CT or MRI)
- Colonoscopy

- Dietary modifications
- Medication
- Therapy

- Dietary modifications
- Medication
- Surgery

No increased risk for colorectal cancer or IBD

Increased risk for colorectal cancer

